

Whole Cashews

Choose from raw, roasted with or without salt.

\$5.99
lb.

SPROUTS
FARMERS MARKET

Join us in celebrating
EARTH DAY

**Now Open In
Citrus Heights!**

Whole Seedless Watermelon

19¢
lb.

Sweet Corn, Green Bell Peppers or Celery

49¢
ea.

Fresh Asparagus

99¢
lb.

Russet Potatoes or Yellow Onions.....49¢/lb.

Broccoli Crowns or Cauliflower

49¢
lb.

Champagne Mangos

49¢
ea.

Navel Oranges or Rio Red Grapefruits

49¢
ea.

Red or Green Leaf Lettuce

49¢
ea.

Fuji or Granny Smith Apples, D'Anjou Pears

99¢
lb.

Italian Squash

49¢
lb.

Hass Avocados or Large Tomatoes

99¢
ea.

SPECIAL

Red Seedless
Grapes.....2lbs. for \$5

Grape Tomatoes
(Dry Pint).....4 for \$5

Strawberries
(1 lb. pkg.).....2 for \$5

**CERTIFIED
Organic**



**Organic
Valencia Oranges** **\$1.99**
ea.



**Organic Red
Garnet Yams** **99¢**
lb.

Turkish Apricots

A good source of vitamin C.

\$2.99
lb.

Roasted Trail Mix

The on-the-go snack.
Choose from salted or unsalted.

\$2.99
lb.

Chocolate Almonds

Choose from milk or dark.

\$3.99
lb.

Roasted Veggie Chips

\$5.99
lb.

- CHECK OUT THESE BARNSTORMIN' WEEKLY SPECIALS -

Sprouts Baguettes

Classic or seeded.

99¢
9 oz.

Colby Longhorn

BULK CUT

\$2.99
lb.

Organic Valley Milk

64 oz.

2 for \$6

Sprouts California Extra Virgin Olive Oil

500 ml.

\$4.99



Boneless Skinless Chicken Thighs

Hand-packaged to ensure
quality and freshness.

\$1.69
lb.

USDA Choice Angus Tri-Tip Roast

Untrimmed. Serve your family
the best beef in town.

\$3.99
lb.

Pork Sirloin Chops or Roast

No enhancers or
seasonings added.

\$1.69
lb.

Choice Angus New York Sirloin Steak.....\$5.99/lb.

Sale prices valid April 18, 2012 - April 25, 2012

04-18-12263-1

BIOKLEEN

TOUGH ON DIRT GENTLE ON THE EARTH



LOOK!



BAC OUT BATHROOM CLEANER.....\$5.99/32 OZ.
BAC OUT FLOOR CLEANER.....\$5.99/32 OZ.
BAC OUT STAIN AND ODOR REMOVER.....\$5.99/32 OZ.

BAC OUT DRAIN CARE.....\$5.99/32 OZ.
DISH WASH LIQUID.....\$3.99/32 OZ.
LAUNDRY LIQUID.....\$8.99/64 OZ.

BULK FOODS

Chili Lemon-Flavored Dried Mangos



\$4.99
lb.

Chocolate Double-Dipped Peanuts



\$2.99
lb.

Pinto Beans



77¢
lb.

Cocoa Vanilla Granola



\$1.99
lb.

Fresh Ground Almond Butter

Prepackaged, choose from salted or unsalted.



\$4.99
lb.

Quinoa

A high protein grain.



\$2.99
lb.

BAKERY

Sprouts Multigrain Bread

Healthy choice.



\$2.99
20 oz.

Stonefire Naan Flat Bread (sel. var.)...\$2.69/8.8 oz.

Sprouts Onion Buns

The perfect burger bun, original or with cheese.



\$1.79
4 pk.

Plain Angel Food Cake.....\$4.99/16 oz.

Sprouts Danish Ring

Breakfast delight.

Multi-flavored cheese, apple, berry.



\$4.49
19.3 oz.

Sprouts Peach Pie.....\$3.49/8 in.



Nine of our stores have won certification from the EPA's "Green Chill" program, which is dedicated to reducing emissions of ozone-depleting refrigerants. In fact, our store in Westlake Village, CA is one of the few retail stores in the country to be certified at the Green Chill's Platinum level.



DAIRY & FROZEN

Brown Cow Yogurt



2 for \$5
select varieties

Sprouts Cage-Free Brown Eggs



2 for \$6
1 doz.

Cascade Fresh Yogurt



4 for \$3
select varieties

Florida's Natural Orange Juice



2 for \$6
select varieties

Amy's Bowls



2 for \$7
select varieties

Rice Expressions



\$2.99
select varieties

Ciao Bella Sorbet or Gelato



2 for \$7
select varieties

Ciao Bella Ice Cream Bars (sel. var.)...2 for \$7/3-4 pk.

Tofurky Pizza



\$4.99
12-14.1 oz.



Our flagship sustainable store in Culver City, CA has been awarded LEED Silver Certification based on criteria set by the U.S. Green Building Council.



Green Cabbage



49¢
lb.

Hass Avocados



99¢
ea.

Yellow Onions or Grape Tomatoes



\$1.99
ea.

Gala or Fuji Apples



\$3.99
ea.

Roma Tomatoes (6 ct. pkg.).....\$2.99 ea.

Kiwi Fruit (4 ct. pkg.).....\$2.99 ea.

Red Mangos.....2 for \$3

Gala or Fuji Apples.....\$1.49 lb.

Italian Squash (2 ct. pkg.).....\$2.99 ea.

Eggplant (2 ct. pkg.).....\$2.99 ea.

Vine-Ripe Tomatoes (3 ct. pkg.).....\$2.99 ea.

Sweet Baby Broccoli (6 oz. pkg.).....2 for \$5

Red or Green Leaf Lettuce..\$1.49 ea.

Whole White Mushrooms (6 oz. pkg.).....\$2.99 ea.

GROCERY SPECIALS

Barbara's Shredded Cereal



13-16 oz.

2 for \$7
select varieties

SAVE UP TO
\$1.78
on 2

Clif, Luna or Mojo Bars



1.59-2.4 oz.

5 for \$5
select varieties

SAVE UP TO
\$1.95
on 5

Hansen's Natural Soda



6pk., 12oz. cans

2 for \$5
select varieties

SAVE UP TO
\$1.58
on 2

Hansen's Juice



40 CALORIES PER SERVING

2 for \$6
select varieties

64 oz.

Antolina Pasta



16 oz.

5 for \$5
select varieties

Essentia Purified Water



1.5 ltr.

2 for \$3
select varieties

Hansen's Apple Juice



64 oz.

2 for \$5
select varieties

Pacific Foods Soup



17.6 oz.

2 for \$4
select varieties

Clif Crunch Bars



7.4 oz.

2 for \$6
select varieties

Steaz Iced Teaz



16 oz.

5 for \$5
select varieties

Yogi Tea



16 bag

2 for \$6
select varieties

• Healthy Living •



• Gluten-Free •



Westsoy Soy Milk

32 oz.

2 for \$3
select varieties

Westsoy Unsweetened Soymilk (all var.)...2 for \$3/32 oz.



Pirate's Booty

4 oz.

2 for \$4
select varieties



C.O. Coconut Water

17.5 oz.

4 for \$5
select varieties

Each year, U.S. consumers throw away approximately 100 billion plastic bags, which can take up to 1,000 years to decompose. Quick solution? Switch to reusable shopping bags and Sprouts will give you a five-cent discount each time you use one during checkout.



VITAMINS & BODY CARE

Kyolic



25% off

Source Naturals



25% off

Rainbow Light



25% off

Tahiti Trader



25% off

NRM

MSM 1000 mg



120 vcaps

25% off

Aura Cacia



25% off
select varieties

Country Life

Bone Solid

180 caps



25% off

Alacer

Emergen-C

30 ct.



25% off
select varieties

Giovanni



25% off

Radius

Dental Care



25% off
All Items

Twinlab

Magnesium

100 caps



25% off

Natrol

Sleep 'n Restore



20 tabs

25% off

Herb Pharm

Peppermint Spirits

1 oz.



25% off

Derma E

Vitamin A Facial Care

2-3 oz.



25% off
select varieties

Country Life

Core Daily 1

60 tabs



25% off

Garden of Life

Perfect Food

Raw Organic Powder

240 g.



25% off

Jarrow Formulas

Jarro-Dophilus EPS

60 vcaps



25% off

Nordic

Naturals

Complete Omega 3-6-9

120 ct.



25% off



Pork or Chicken Sausage Bonanza

Links or Bulk

- Handmade in every store
- Made with natural chicken or pork
- Only all-natural seasonings
- No MSG or nitrates added

HOT OR SWEET

WOW!

\$2.99
lb.

SPROUTS FISH MARKET

Wild species, weather permitting.

Large EZ-Peel Raw Shrimp

Top vein removed for convenience. 41/50 ct. Previously frozen.



\$3.99
lb.

Boneless Tilapia Filets

Mild and flaky. Delivered fresh up to 6 days a week.



\$6.99
lb.

Large Exotic Lobster Tails (5 oz.).....\$7.99/ea.

Center-Cut Rack of Pork or Loin Chops

Hand-cut and trimmed in every store by butchers that care! Bone-in.



\$2.99
lb.

Ground Chicken, Pork or Chicken Breast

Ground Fresh in store daily! Nothing added!



\$2.99
lb.

Farm Fresh Chicken Breast Tenders.....\$3.99/lb.

Marinated Chicken Kabobs (all varieties).....\$3.99/lb.

USDA Choice Angus Rump Roast or Stew Meat

Trimmed and tied with "Old Tyme" pride.



\$3.99
lb.

Marinated Carne Asada.....\$3.99/lb.

85% Extra-Lean Ground Beef

Ground fresh daily in our stores!



\$3.89
lb.

USDA Choice Angus Ribeye Steak

The best steaks in town!



\$9.99
lb.



Not the cook-from-scratch type? Let Sprouts Country Kitchen do it for you.

Strawberry Summer Salad

Perfect for lunch or a light dinner.



\$4.99
ea.

Roasted Chicken

Add a salad and dinner is done!



\$5.99
ea.

Italian Turkey Meatloaf Dinner

Light and satisfying.



\$3.49
ea.



Save 10% when you buy 6 bottles of wine.

Gato Negro Wines

750 ml.



3 for \$10
select varieties

Heineken Beers

SAVE UP TO \$5



\$10.99
+CRV
select varieties

Firestone Beers



\$6.99
+CRV
select varieties

Our Daily Red Organic Red Wine

750 ml.



\$5.99

Bota Box Wines



\$3.99
select varieties

Columbia Crest Two Vines

750 ml.



\$5.99
select varieties

Wisconsin Blue or Gorgonzola Cheese

Well balanced earthy flavor.



\$5.99
lb.

Chicken Breast

Tender, moist and delicious - perfect for sandwiches.



\$6.99
lb.

Applegate Deli Meats



\$4.99
4-7 oz.
select varieties

Old London Melba Toast.....\$2.99/5 oz. (sel. var.)

Italian Pasta with Artichoke or Four-Bean Salad

Springtime favorite.



\$2.49
lb.

DOUBLE AD WEDNESDAYS!

Come on in Wednesday while this week's ad and last week's ad are effective for twice as many items on sale!

Effective April 18, 2012 - April 25, 2012

WED	THURS	FRI	SAT	SUN	MON	TUE	WED
18	19	20	21	22	23	24	25

Open daily 7am - 10pm



OFFERS ONLY GOOD AT



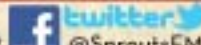
Citrus Heights
7905 Greenback Ln.
Citrus Heights, CA
916-560-2000

Roseville
6760 Stanford Ranch Rd.
(Next to Costco in the
Stanford Crossing
Shopping Center)
916-774-1120

SATISFACTION GUARANTEED!
If you don't like it, bring it back!

If for any reason you are not delighted with your purchase at Sprouts, we'll be happy to exchange it or (with a proper receipt) refund your money. We want you to use this guarantee as a license to be adventurous, and try new products without risk.

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04-18-12 263-4