

SPECIAL**85% Extra-Lean
Ground Beef**

ALL-NATURAL

VALUE
PACK!**\$2.99**
lb.**SPROUTS**
FARMERS MARKET**DOUBLE AD WEDNESDAYS!**BOTH THIS WEEK'S AND LAST
WEEK'S ADS ARE IN EFFECT!**SUNFLOWER**
FARMERS MARKET**Red, Green or Black
Seedless Grapes****77¢**
lb.**Red Radishes, Cilantro
or Green Onions****3 for \$1****Ripe Hass Avocados****2 for \$1****Red Bell Peppers****3 for \$1****Acorn, Butternut
or Spaghetti Squash****88¢**
lb.

Bartlett Pears

**Whole Seedless
Watermelons****3 lbs. for \$1****Large Beefsteak Tomatoes
or Italian Squash****88¢**
lb.**Bunch Celery or
Baby Peeled Carrots**

-1 LB. BAG-

88¢
ea.**Granny Smith
or Gala Apples****99¢**
lb.**Broccoli Crowns
or Cauliflower****88¢**
lb.**SPECIAL****Australian Navel
Oranges**

4 lbs. for \$5

Strawberries or Raspberries
(6-16 oz. pkg.)

2 for \$5

**Whole or Sliced White
Mushrooms (5 oz. pkg.)**

4 for \$5

**CERTIFIED
Organic****Organic
Gala Apples****2 lbs. for \$3****Organic
Garnet Yams****99¢**
lb.**Pepitas**Choose from salted,
unsalted or raw.**\$3.99**
lb.**Chocolate Almonds**

Choose from dark or milk chocolate.

\$4.99
ea.**Whole Cashews**Choose from salted,
unsalted or raw.**\$5.99**
lb.**Bulk Gourmet
Coffee Beans****\$7.99**
lb.**- CHECK OUT THESE BARNSTORMIN' WEEKLY SPECIALS -****Sprouts Orange Juice**select varieties
2 for \$5**Clif, Luna or
Mojo Bars**select varieties
5 for \$5**Fage
Greek Yogurt**select varieties
5 for \$5**Sharp Cheddar****BULK CUT**
\$3.99
lb.**Sprouts
OLD TIME
BUTCHER SHOP**
Natural Meats!**Farm-Fresh
Pork Tenderloin**

Premium pork at a value! No enhancers or solutions added!

**\$2.99**
lb.

ALL-NATURAL

BONELESS

**Boneless Skinless
Chicken Breasts**A great addition to any healthy meal!
Hand-trimmed in every store**\$1.99**
lb.

ALL-NATURAL

VALUE
PACK!

Sale prices valid September 19, 2012 - September 26, 2012

09-19-12 SAC-1



WITH SUNFLOWERS AND SPROUTS, THERE'S HEALTHY GROWTH AHEAD.

SPROUTS AND SUNFLOWER MARKET ARE JOINING FORCES. WE'RE GOING TO TAKE THE BEST OF BOTH COMPANIES AND CREATE SOMETHING EVEN BETTER.

Soon we'll be changing the name of all of our stores to Sprouts Farmers Market, and adding some new features and products. But what won't change, ever, is our philosophy of bringing you exceptional values on farm-fresh produce and a huge selection of natural, organic and great-tasting foods. Nor our commitment to an easy shopping experience and old-fashioned customer service.

BULK FOODS

Chili Lemon Flavored Dried Mangoes



\$4.99
lb.

Chocolate Pretzels

Choose from dark or milk chocolate.



\$3.49
lb.

Caramel Delight Trail Mix



\$3.99
lb.

Mini Chocolate Peanut Butter Cups



\$4.99
lb.

Brown Rice

Choose from long grain or short grain.



69¢
lb.

Veggie Chips



\$5.99
lb.

BAKERY

Sprouts Multigrain Bread



16-20 oz.
\$3.29
Fresh Baked Baguette (sel. var.).....2 for \$3.99/10.5 oz.

Crumb Cake



4 oz.
99¢
select varieties
Two Bite Macaroons (sel. var.).....\$3.99/10.5 oz.

Sliced Loaf Cakes



15 oz.
\$3.29
select varieties
Apple Pie.....\$3.99/6 in.



WITH SUNFLOWERS AND SPROUTS,

DAIRY & FROZEN

Wallaby Yogurt



32 oz. **2 for \$5**
select varieties

House Foods Tofu



12-14 oz. **5 for \$5**
select varieties

Chino Valley Large Brown Omega-3 Eggs



\$3.99
doz.
select varieties

Rice Dream Rice Beverage



32 oz. **2 for \$4**
select varieties

Talenti Frozen Desserts



\$3.99
16 oz.
select varieties

Almond Dream Frozen Dessert



2 for \$5
16 oz. select varieties

Earth's Best Family Size Chicken Nuggets



\$4.99
16 oz. select varieties

Julie's Organic Ice Cream Sandwiches



\$3.99
4-8 pk. select varieties



Organic Green Bell Peppers



77¢
ea.

Organic Butternut Squash or Russet Potatoes



88¢
lb.

Organic Bartlett Pears



\$2.99
ea.

Organic Strawberries



\$2.99
ea.

Cilantro or Green Onions..... 77¢/ea.

Bunched Carrots with Tops..... 2 for \$3

Grape Tomatoes (1 dry pint)..... 2 for \$5

Yellow Onions (3 lb. bag.)..... 2 for \$5

Red Bell Peppers..... 4 for \$5

Cantaloupes..... 77¢/lb.

Roma Tomatoes 2 lbs. for \$3

Green or Red Seedless Grapes 2 lbs. for \$5

Living Butter Lettuce 2 for \$5

Red or Green Leaf Lettuce 4 for \$5

GROCERY SPECIALS

Hubert's Lemonade

SAVE UP TO \$2.96 on 4



16 oz.

4 for \$5
select varieties

Antolina Pasta

SAVE UP TO \$1 on 4



16 oz.

4 for \$5
select varieties

Kettle Baked Potato Chips

SAVE UP TO \$1.98 on 2



2 for \$4
select varieties

Udi's Granola

13 oz.

2 for \$7
select varieties

Panda Licorice

7 oz.

2 for \$5
select varieties

Mezzetta Pasta Sauce

25 oz.

2 for \$6
select varieties

Bob's Red Mill Steel Cut or Rolled Oats



\$2.99
24-32 oz.
select varieties

Wholesome Sweeteners Blue Agave



\$6.99
44 oz.
select varieties

Eden Organic Canned Beans



3 for \$5
15 oz. select varieties

Napa Valley Naturals Organic Extra Virgin Olive Oil



\$8.99
25.4 oz. select varieties

Seeds of Change

LINE DRIVE SAVINGS



2 for \$5
5.6-12 oz. all varieties

Sprouts BRAND Label

Quality that you can trust!

Sprouts Ready-To-Eat Soup



\$2.99
32 oz. select varieties

Sprouts Organic Tomatoes



\$1.99
28 oz. select varieties

Sprouts Kettle Corn



\$1.99
7 oz. select varieties

THERE'S HEALTHY GROWTH AHEAD.



VITAMINS & BODY CARE

MRM



LINE DRIVE SAVINGS

All Items

30% off

Natrol



LINE DRIVE SAVINGS

All Items

25% off

Life Seasons



LINE DRIVE SAVINGS

All Items

25% off

New Chapter Every Woman's or Every Man's One Daily 40+



\$19.99
24 tabs

Natural Factors Alpha-Lipoic Acid Bonus Pak



\$18.99
60+60 caps

Avalon Organics Facial Care

0.5-8.5 oz



25% off
select varieties

Solgar L-Glutamine 500 mg



\$9.99
100 v-caps

Lifetime Calcium Magnesium Citrate Blueberry



\$10.99
16 oz.

Country Life Coenzyme B-Complex



\$11.99
60 caps

Canus Lotion or Body Wash 16 oz.



25% off
select varieties

Nutrex BioAstin Astaxanthin



\$12.99
60 softgels

Country Life CoQ10 100 mg



\$15.99
60 softgels

Tahiti Trader High Potency Noni Juice



\$22.99
32 oz.

Eco-Dent



LINE DRIVE SAVINGS

All Items

20% off

Renew Life Ultimate Flora Senior Formula 30 Billion



\$23.99
30 caps

Nature's Way Primadophilus Optima High Potency



\$24.99
30 v-caps

Natural Factors BioSil Healthy Bones Kit



\$27.99
1 kit

Desert Essence Shampoo or Conditioner



\$5.99
8 oz. select varieties

Wild Caught Seafood Sale



Wild Northern King Salmon Fillets
Delivered fresh up to six days a week!



\$9.99
lb.

Wild Alaskan Cod Fillets or Wild Extra-Jumbo Raw Shrimp
Great on the grill! Previously frozen.



\$6.99
lb.

Wild Exotic Albacore Tuna Steaks
Flown in fresh from the South Pacific!



\$8.99
lb.

Sprouts Gourmet Stuffed Chicken Breast
Handmade in all stores! All varieties on sale!

- Asparagus Jack
- Broccoli Cheddar
- Cordon Bleu
- Spinach Parmesan



\$2.99
lb.

Gourmet Marinated Chicken Breast...\$2.99/lb.

Sprouts Chicken Sausage Celebration
Choose from links or bulk! All varieties on sale!



\$2.99
lb.

Center-Cut Pork Loin Chops or Roast
Premium pork at a value!
No enhancers or solutions added!



\$2.99
lb.

SPECIAL Chicken Breast Cutlets, Stir Fry or Scallopini...\$3.99/lb. USDA Choice Center-Cut Top Sirloin Steak...\$6.99/lb. Fresh Ground Chicken, Pork or Chicken Breast...\$2.99/lb.

Boneless Skinless Chicken Thighs
Hand-packaged in each store to ensure quality.



\$2.99
lb.

Sprouts Famous Pollo Asado...\$2.99/lb.

All-Natural Lamb Super Sale
Springtime lamb sold year round!
All cuts on sale!



25% off

price on package reflects discount

USDA Choice Bottom Round Steak, Rump Roast or Stew
"Old Time" natural beef cut with old-fashioned skill.



\$3.99
lb.



Not the cook-from-scratch type? Let Sprouts Country Kitchen do it for you.

Roasted Boneless Turkey Breast
Comes fully cooked and ready to serve.

Chicken Parmesan Dinner

Spaghetti and Meatballs
Just heat and eat!



\$5.99
lb.



\$4.99
12 oz.



2 for \$6
Chicken Meatballs \$3.99/lb.



Save 10% when you buy 6 bottles of wine.

Coppola Diamond Collection Wines



\$8.99
select varieties

Heineken Beer



\$11.99
+ CRV

Sierra Nevada Beer



\$6.99
+ CRV

\$5.99
select varieties

CK Mondavi Wines



\$3.99

\$2.10

Organic Valley Cheese Chunks



25% off

Messona Part Skim Mozzarella Ball...\$4.99/16 oz.

Roast Beef
Roasted to a perfect medium rare.



\$6.99
lb.

American Cheese Slices (Yellow or White)...\$3.99/lb.

Shredded Cheese
Choose from Cheddar or Jack.



\$4.99
lb.

Fresh Salsa (Hand-Packed)...\$2.99/lb.

Great Midwest Cheddar Bars
Great flavor combinations!



\$4.99
7 oz.

Seafood Salad...\$5.99/lb.

DOUBLE AD WEDNESDAYS!

Come on in Wednesday while this week's ad and last week's ad are effective for twice as many items on sale!

WED	THURS	FRI	SAT	SUN	MON	TUE	WED
19	20	21	22	23	24	25	26

Open daily 7am - 10pm



OFFERS ONLY GOOD AT

Citrus Heights
Greenback Ln. & Sunrise Blvd.
916-560-2000

Elk Grove
Laguna & Big Horn Blvd.
916-478-9595

Modesto
McHenry & Briggsmore
209-527-7575

Sacramento Land Park
Del Rio Rd. & Sutterville Rd.
916-455-4200

Roseville
Five Star Blvd. & Sanford Ranch Rd.
916-774-1120

SATISFACTION GUARANTEED!
If you don't like it, bring it back!

Because of our special inventory clearance sales going on at the Roseville Square store, all returns made through September 30, 2012 will require a receipt. Items purchased at the closing stores are not eligible for return - all sales made there are final.

sprouts.com ★ Coupons, free products and more when you join our FREE mailing list. ★ Visit us online



These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and in Fort Collins and Aurora, CO to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

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