



THE INCREDIBLE
BULK
SALE

EVERYTHING IS

25%
off

Our bulk aisle is a scoop-your-own paradise with more than 200 bins and barrels of coffee, rice, nuts, trail mixes, dried fruits, granolas, spices and sweet treats. Scoop your own, by the pinch or the pound!



25%
off

Bulk bin, bulk spices and bulk coffee items only.
Excludes case discounts and pre-packaged items.
*limited to quantities on hand
Valid September 26 - October 3

OP 26-32 SAC GATE 1



THE INCREDIBLE
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DID YOU
KNOW?

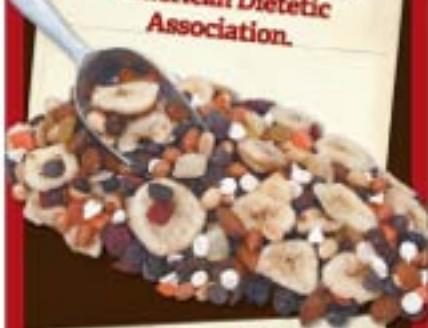
Storing coffee in the refrigerator or freezer for daily use can damage the beans. For maximum longevity, store it in an opaque, airtight container at room temperature.



Thanks to the nutrients in cocoa beans, pure dark chocolate is full of natural antioxidants.



Trail mix tops the list of trick-or-treat alternatives recommended by the American Dietetic Association.



Almonds are a rich source of energy and nutrients. They are especially high in mono-unsaturated fatty acids that help to lower "bad cholesterol" and increase "good cholesterol."



Our money-saving Bulk Department has more than 200 bins and barrels brimming with grains, beans, dried fruits, nuts, spices and more—all waiting to be weighed out and taken home—in exactly the quantity you want and need.

25%
off

Bulk bin, bulk spices and bulk coffee items only.
Excludes case discounts and pre-packaged items.

*limited to quantities on hand
Valid September 26 - October 3

SPECIAL

Boneless Skinless Chicken Thighs



LB.

19¢

SPROUTS
FARMERS MARKET

SUNFLOWER
FARMERS MARKET

Whole Seedless Watermelons
or Sweet White Corn

DOUBLE AD WEDNESDAYS!

BOTH THIS WEEK'S AND LAST
WEEK'S ADS ARE IN EFFECT!

Red or Green Bell Peppers



2 for \$1

Organic Gala Apples



99¢ lb.

Valencia Oranges 2 lb. for \$1

Ripe Hass Avocados



2 for \$1

Acorn, Butternut or
Spaghetti Squash



99¢ lb.

Strawberries



\$1.99

Romaine, Red or
Green Leaf Lettuce



99¢ ea.

Broccoli Crowns
or Italian Squash



99¢ lb.

Large Oceanside-Grown
Beefsteak Tomatoes



99¢ lb.

Bartlett, Bosc, D'Anjou
or Red Pears



99¢ lb.

SPECIAL

Red, Black or Green
Seedless Grapes \$1.99/lb.

Yellow Onions or
Russet Potatoes 69¢/lb.

New Crop Honeycrisp
Apples \$1.99/lb.

CERTIFIED
Organic

Organic Bunch
Broccoli or Cauliflower

2 lbs. for \$3

Organic Vine-Ripe
Tomatoes

2 lbs. for \$3

Kind Bars



1.4-1.6 oz.

10 for \$10

Pirate's Booty



4 oz.

2 for \$3

Lifeway Kefir



32 oz.

2 for \$5

Organic Valley Milk



64 oz.

2 for \$6

- CHECK OUT THESE BARNSTORMIN' WEEKLY SPECIALS -

MRM



LINE DRIVE
SAVINGS

All Items

30% off

Volcanic Red Turquoise
Mountain Coffee



12 oz.

\$5.99 ea.

Homestyle
Turkey Breast



SLICED

\$5.99 lb.

Dos Equis Beer



12 pk.,
12 oz. btl.

\$10.99 4-CITY

SPROUTS
OLD TIME
BUTCHER SHOP
Natural Meats!

WOW!

Rib Festival

Choose from beef or pork.

100% Grass-Fed
Organic Ground Beef

No hormones or antibiotics added, ever!

GRASS-FED!

\$3.99 lb.

- Boneless Pork Shoulder Country-Style
- Boneless Pork Loin Country-Style
- English-Style Beef Short Ribs
- Boneless Beef Short Ribs
- Meaty Pork Spare Ribs
- Beef Short Ribs
- Pork Baby Back

ALL-NATURAL



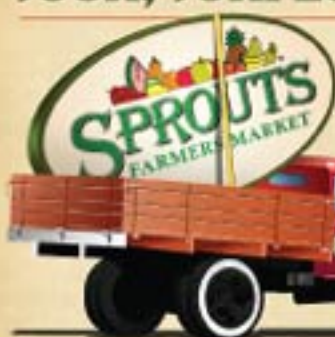
50% off

Price on package reflects discount.

Sale prices valid September 26 2012 - October 3, 2012

09-26-12 SAC-1

SOON, SUNFLOWER WILL SPROUT INTO SOMETHING NEW.



In the coming weeks, Sunflower Farmers Market will join the growing family of Sprouts Farmers Market. You'll see a new name on the front of the store, a new look inside the store, but the same friendly staff and the same great pricing on natural foods you have come to expect.

Phoenix-based, family-run Sprouts is very similar in look and philosophy to Sunflower. At their core, both companies are farmers market-style stores with wide open floor plans and great values on produce, natural and organic foods.

The combined company will have nearly 160 stores across 8 Southwestern and Western states, making the new Sprouts Farmers Market one of the largest specialty grocers in the country.

BULK FOODS

Mixed Nuts Without Peanuts

Choose from raw, roasted salted or roasted unsalted.



25% off

Turkish Apricots



25% off

Chocolate Cherries



25% off

Maple Dream Granola



25% off

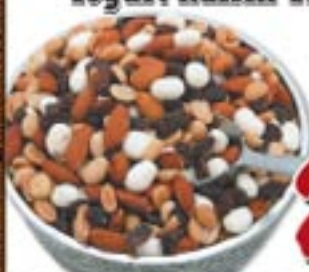
Hulled Sunflower Seeds

Choose from raw, roasted salted or roasted unsalted.



25% off

Yogurt Raisin Trail Mix



25% off

BAKERY

Fresh Baked Muffins



4 pk.
2 \$6
for
select varieties

Mini French Bread.....\$9⁹⁹/6 oz.

Food For Life Ezekiel Bread



\$4.49
24 oz.
select varieties

Give & Go Mini Cupcakes (sel. var.)...\$2⁹⁹/12 pk.

Irish Soda Bread

16-17 oz.



\$3.29
ea.
select varieties

Lemon Meringue Pie.....\$5⁹⁹/6 in.



SOON, SUNFLOWER WILL SPROUT

DAIRY & FROZEN

Voskos Greek Yogurt



5 \$5
for
select varieties

Voskos Greek Yogurt (select varieties).....\$2⁹⁹/16 oz.

Sprouts Butter



2 \$5
for
select varieties

Rice Expressions Organic Brown Rice



\$2.99
30 oz.

Florida's Natural Orange Juice



2 \$6
for
select varieties

Sprouts Coconut Milk



2 \$6
for
select varieties

Seapoint Farms Shelled Edamame



12-16 oz.
2 \$4
for
select varieties

Sprouts Frozen Fruit Bars



2 \$5
for
select varieties

Boca Burgers



10 oz.
2 \$7
for
select varieties



Organic Valencia Oranges



99¢
lb.

Organic Yellow Onions or Butternut Squash



99¢
lb.

Organic Granny Smith Apples



\$2.99
ea.

Organic Red or Green Seedless Grapes



2 \$5
lb.

Hass Avocados..... 99¢/ea.

Russet Potatoes 88¢/lb.

Baby Peeled Carrots (1 lb. bag.)..... 2 for \$3

Bunched Leeks 2 lbs. for \$3

Living Butter Lettuce 2 for \$5

Sweet Onions (2 lb. bag.)..... 2 for \$5

Sweet Potatoes (3 lb. bag.)..... 2 for \$5

Table Carrots (5 lb. bag.)..... \$2.99/ea.

Bartlett Pears (3 lb. bag.)..... \$2.99/ea.

Bulk Spring Mix or Baby Spinach..... \$3.99/lb.

GROCERY SPECIALS

Zevia Soda  6 pk., 12 oz. cans SAVE UP TO \$2 \$3.99 select varieties	Boulder Canyon Potato Chips  5 oz. SAVE UP TO \$1.58 2 for \$4 select varieties	Sweet Leaf Tea  16 oz. SAVE UP TO \$3.45 5 for \$5 select varieties	
Hint Flavored Water  16 oz. 5 for \$5 select varieties	Wild Planet Albacore Tuna  5 oz. \$2.99 select varieties	Newman's Own Organic Fig Newmans  10 oz. \$2.99 select varieties	The Spice Hunter Soup Bowls  1.4-2.5 oz. 2 for \$3 select varieties
Food for Life Ezekiel Cereal  16 oz. \$3.99 select varieties	Terra Chips  5-6 oz. 2 for \$5 select varieties	Schär Cookies  3.7-7 oz. \$2.99 select varieties	Ecover Laundry Products  16-100 oz. 25% off select varieties
 Sprouts BRAND Products <i>Quality that you can trust!</i>			
Sprouts Stuffed Green Olives  21 oz. \$6.99		Sprouts Organic Chili  15 oz. \$2.49 select varieties	
		Sprouts Canola Oil  32 oz. \$3.99	

INTO SOMETHING NEW. WE'RE SO EXCITED!



VITAMINS & BODY CARE

Creative BioScience  LINE DRIVE SAVINGS All Items 35% off	Amazing Grass  LINE DRIVE SAVINGS All Items 25% off	Source Naturals  LINE DRIVE SAVINGS All Items 25% off
Solgar  LINE DRIVE SAVINGS All Items 25% off	Tahiti Trader  LINE DRIVE SAVINGS All Items 25% off	Desert Essence  LINE DRIVE SAVINGS All Items 25% off
NATROL BIOTIN 10,000mcg  \$7.99 100 tabs	Super Nutrition Simply One Prenatal  \$9.99 30 tabs	Nature's Secret 15-Day Weight Loss Cleanse & Flush  \$9.99 60 tabs
Mineral Fusion  LINE DRIVE SAVINGS All Items 25% off		
HEEL Traumeel Ointment  \$12.99 1.76 oz.	Nature's Way Alive! Once Daily  \$15.99 60 tabs select varieties	Sprouts or Sun Harvest Oregano Oil  \$19.99 120 caps
Jason Naturals Shampoo or Conditioner  16 oz. 30% off select varieties		
Bio-K+ Probiotic  \$22.99 6 pk., 3.5 oz. btl.	Vega One All-In-One Nutritional Shake  15-15.4 oz. \$29.99	New Chapter Zylamend  \$39.99 120 softgels
Dr. Bronner's Shikakai Hand & Body Soap  \$10.99 24 oz. select varieties		

Sprouts OLD TIME BUTCHER SHOP
Natural Meats!

Great for Oktoberfest! 99% Fat-Free Chicken
Pork Italian or Bratwurst Sausage Breast Tenders
Handmade with no MSG or nitrates added!
A great addition to any healthy meal!

ALL-NATURAL! **Hot or Sweet** **Your Choice** **FRESH**

\$2.99 lb.

SPROUTS FISH MARKET
Wild species, weather permitting

Fresh Seafood Stuffed Salmon or Atlantic Salmon Portions
Single size servings, just cook and eat.
6 oz.

FRESH

\$2.99 ea.

Farm-Fresh Chicken Drumsticks, Thighs or Whole Legs
Hand-packaged in each store to ensure quality and freshness!

ALL-NATURAL!

VALUE PACK!

\$1.29 lb.

Premium Pork Sirloin Chops or Roast
No enhancers or solutions added!

ALL-NATURAL!

BONELESS

\$2.99 lb.

Fresh Super-Lean Ground Pork.....\$2.99/lb.

Atlantic Salmon Fillets
Delivered fresh up to six days a week!

FRESH

\$5.99 lb.

SPECIAL Sprouts Gourmet Chicken Kabobs (all varieties).....\$3.99/lb. Sprouts Famous Marinated Carne Asada.....\$3.99/lb.

Fresh Boneless Tilapia Fillets.....\$6.99/lb.

USDA Choice Boneless Ranch Steak, Cross Rib Roast or Stew
"Old Time" natural beef cut with old-fashioned skill!

ALL-NATURAL!

\$3.99 lb.

USDA Choice Flat Iron Steak.....\$5.99/lb.

USDA Choice Boneless New York Steak
The best steaks in town!
Hand-cut and trimmed in every store!

ALL-NATURAL!

\$9.99 lb.

Extra-Large Raw Peeled & Deveined Shrimp
Great for scampi or added to any seafood dish! 26/30 ct. Previously frozen.

\$5.99 lb.

Country Kitchen
Not the cook-from-scratch type? Let Sprouts Country Kitchen do it for you.

Salisbury Steak Dinner
Comfort food at its best!
\$3.99 12 oz.

Roasted Dark Turkey
Cooked and ready to serve.
HOT! \$7.99 24 oz.

Chicken Caesar or Garden Salad
Made fresh daily!
\$3.99 12 oz.

Roasted Garlic & Herb Potatoes.....99¢/16 oz.

the cellar
Save 10% when you buy 6 bottles of wine.

BV Coastal Wines
750 ml.
\$5.99 select varieties

60% Double Cream Brie
Hand-cut in our stores.

BULK CUT!

\$7.99 lb.

Kerrygold Imported Irish Cheese...\$4.99/7 oz.

Gluten-Free Cheese Pizza
Restricted diet shouldn't mean restricted taste!

\$2.99 ea.

Provolone Cheese Slices.....\$5.99/lb.

Gallo Family Vineyards Wines
750 ml.
3 for \$10 select varieties

Colby Jack Cheese

BULK CUT!

\$3.99 lb.

BBQ Turkey Sliders.....2 for \$5.99 ea.

Parmesan Cheese
Great grated over pasta.

BULK CUT!

\$6.99 lb.

Schneider's Quiche.....\$9.99/24 oz.

Buffalo Bill's or Widmer Beer
6pk. 12 oz. btl.
\$6.99 +C&V select varieties

Rodney Strong Wines
750 ml.
\$12.99 select varieties

Fetzer Wines
750 ml.
\$6.99 select varieties

Verdi Sparkling Wines
750 ml.
\$5.99 select varieties

DOUBLE AD WEDNESDAYS!
Come on in Wednesday while this week's ad and last week's ad are effective for twice as many items on sale!

Effective September 26, 2012 - October 3, 2012

WED	THURS	FRI	SAT	SUN	MON	TUE	WED
26	27	28	29	30	1	2	3

For store hours visit us online at sprouts.com

SPROUTS FARMERS MARKET

Citrus Heights
Greenback Ln. & Sunrise Blvd.
916-560-2000

Elk Grove
Laguna & Big Horn Blvd.
916-478-9595

Modesto
McHenry & Briggsmore
209-527-7575

Sacramento Land Park
Del Rio Rd. & Sutterville Rd.
916-455-4200

Roseville
Five Star Blvd. & Sanford Ranch Rd.
916-774-1120

SATISFACTION GUARANTEED!
If you don't like it, bring it back!

Because of our special inventory clearance sales going on at the Roseville Square store, all returns made through September 30, 2012 will require a receipt. Items purchased at the closing stores are not eligible for return - all sales made there are final.

sprouts.com ★ Coupons, free products and more when you join our FREE mailing list. ★ Visit us online

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and in Fort Collins and Aurora, CO to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

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