

SPECIAL

Roasted Mixed Nuts With Peanuts

Salted or unsalted.



\$3.99 lb.

SPROUTS
FARMERS MARKET

FROZEN FRENZY
Sale!

SUNFLOWER
FARMERS MARKET

Apple Rama

Gala, Granny Smith, Jonathan, Gold or Red Delicious

69¢ lb.

Hass Avocados or Roma Tomatoes lb.



2 \$1

Yellow Onions or Green Bell Peppers lb.



2 \$1 for

Radishes, Green Onions or Cilantro



2 \$1 for

Baby Carrots or Bunch Spinach



88¢ ea.

Red Bell Peppers



3 \$1 for

Acorn, Butternut or Spaghetti Squash



88¢ lb.

Cauliflower or Celery lb.



88¢ ea.

Red or Black Seedless or Globe Grapes



2 \$3 lbs. for

Romaine, Red or Green Leaf Lettuce



88¢ ea.

SPECIAL

Navel Oranges.....4 lbs. for \$5

Raspberries (6 oz.) or Strawberries (16 oz.).....2 for \$5

Hothouse Cucumbers.....4 for \$5

CERTIFIED Organic



Organic Grape Tomatoes \$1.99 ea.



Organic Hass Avocados 88¢ ea.

Sprouts FROZEN FRENZY

20% OFF

EVERYTHING FROZEN YOU CAN FIT IN THE SALE BAG.

ONE WEEK ONLY!
See inside for details.

Sale!

- CHECK OUT THESE BARNSTORMIN' WEEKLY SPECIALS -

Almond Breeze Almondmilk



2 \$5 for

Sprouts Coconut Water



\$2.99

Mild Cheddar

rBST-free! Made from milk from grass-fed cows.



\$2.99 lb.

Dark Chocolate Walnuts



\$4.99 lb.

SPROUTS OLD Tyme BUTCHER SHOP
Natural Meats!

Center-Cut Pork Loin Roast or Chops

Natural, premium pork at a value!

Extra-Jumbo Wild Raw Shrimp

16/20 ct. Previously frozen. Great on the grill.

Boneless Skinless Chicken Breast

Hand-trimmed and packaged in every store.



\$1.88 lb.



\$6.88 lb.



\$1.88 lb.

Sale prices valid October 3, 2012 - October 10, 2012

10-03-12 AZ-1

Sprouts FROZEN FRENZY

20% OFF

EVERYTHING FROZEN YOU CAN FIT IN THE SALE BAG.

Sale!

PICK UP YOUR BAG IN-STORE! ONE WEEK ONLY
Limit one bag per household. Limited to in-store stock only. Sale valid 10/3-10/10.

BULK FOODS

Blanched Peanuts

Choose from roasted salted, roasted unsalted or raw.



\$2.99 lb.

Thompson Seedless Raisins



\$1.99 lb.

Butter Toffee Peanuts



\$1.99 lb.

Chocolate Cherry Glazed Pecan Trail Mix



\$4.99 lb.

Cherry Vanilla Granola



\$1.99 lb.

Volcanic Red Leonarda Estate Reserve Coffee



\$5.99 12 oz.

BAKERY

Sprouts Rye Bread



2 \$6 for select varieties

Stonefire Naan Bread... 2 for \$5.88 ea.

Sprouts Fresh Baked Cookies

Baked right in our own bakeries!



\$2.99 doz. select varieties everyday low price

Alpine Valley Organic Nine Grain Bread... 2 for \$6/18 ea.

Sprouts Mini Turnovers



\$1.79 4 pk. select varieties

J. Skinner Pumpkin Coffee Cake... \$3.99/14 ea.



ESSENTIAL 4 SUPPLEMENTS SWEEPSTAKES



LIKE SPROUTS ON FACEBOOK & ENTER



DAIRY & FROZEN

Celestial Seasonings Kombucha



16 oz.

2 \$4 for select varieties

Westsoy Low Fat Soymilk



32 oz.

2 \$3 for select varieties

Sprouts Butter Solids



1 lb.

2 \$5 for select varieties

Naked Juice



\$6.99 64 oz. select varieties

Yves Meat Alternatives



4.2-12 oz.

25% off select varieties

Sprouts Organic Large Omega-3 Eggs



2 \$7 for doz. select varieties

USDA ORGANIC **Organic** USDA ORGANIC

Organic Gala Apples



\$1.29 lb.

Organic Pomegranates



2 \$5 for LARGE

Organic Red or Jewel Yams



99¢ lb.

Organic Honeycrisp Apples



\$2.49 lb.

Broccoli.....	\$1.49/lb.	Granny Smith Apples.....	\$1.49/lb.
Baby Carrots (1 lb. bag).....	4 for \$5	Cauliflower.....	99¢/lb.
Red or Green Leaf Lettuce.....	\$1.29/ea.	Bulk Spring or Spinach Salad Mix.....	\$3.99/lb.
Yellow Onions (3 lb. bag).....	\$1.99/ea.	Bartlett Pears (3 lb. bag).....	\$3.99/ea.
Bosc Pears (3 lb. bag).....	\$3.99/ea.	Cello Carrots (1 lb. bag).....	69¢/ea.

FROZEN FRENZY

20% OFF **Sale!**



Including all frozen brands...

ONE WEEK ONLY!

Valid October 3-10
See top of this page for details.

GROCERY SPECIALS

Kettle Potato Chips  SAVE UP TO \$1.80 \$2.99 13 oz. select varieties	thinkThin Bars  SAVE UP TO \$2.56 on 4 4 for \$5 1.41-2.1 oz. select varieties	Arrowhead Water  SAVE UP TO \$3 \$2.99 24 pk. select varieties	
Celestial Seasonings Tea  2 for \$5 20 bags select varieties	Bragg Liquid Aminos  \$5.99 32 oz. select varieties	Thai Kitchen Coconut Milk  2 for \$4 13.66-14 oz. select varieties	Tasty Bite Rice Mixes  2 for \$4 8.8 oz. select varieties
Lakewood Juice  \$6.99 32 oz. select varieties	Earth's Best Baby Food Pouches  10 for \$10 select varieties	California Olive Ranch Extra Virgin Olive Oil  \$8.99 500 ml. select varieties	Newman's Own Organics Cat Food  4 for \$5 5.5 oz. select varieties
Sprouts BRAND Products Quality that you can trust!			
Sprouts Pretzels  \$1.99 10-15 oz. select varieties	Sprouts Organic Spices  \$2.99 1.5-2.68 oz. select varieties	Sprouts Secret Stash  \$1.99 6 oz. select varieties	

EACH WEEK IN OCTOBER, SPROUTS IS GIVING AWAY A ONE-YEAR SUPPLY OF PROBIOTICS, SUPERFOOD SUPPLEMENTS, MULTIVITAMINS OR OMEGA-RICH OILS.*

*PURCHASE NECESSARY ONLINE SWEEPSTAKES MUST BE 18 OR OLDER (NO. 02/10). SEE WWW.FACEBOOK.COM/SPROUTSFARMERSMARKET FOR COMPLETE DETAILS.

VITAMINS & BODY CARE

Himalaya Herbal Healthcare  LINE DRIVE SAVINGS All Items 20% off	Spectrum Ground Flaxseed  \$5.99 15 oz.	NRM Alpha Lipoic Acid 300mg  60 v-tabs Buy 1 Get 1 FREE	
Alacer Emergen-C  \$8.99 30 ct. select varieties	Organic India Whole Husk Psyllium  \$8.99 12 oz.	Alba Botanica Very Emollient Body Lotion  30% off 32 oz. select varieties	
Solaray B Complex 100  \$13.99 100 v-caps	Doctor's Best Best Hyaluronic Acid With Chondroitin Sulfate  \$14.99 60 caps	Nature's Gate Body Wash  \$4.99 18 oz. select varieties	Aura Cacia Pure Essential Oils  25% off select varieties
American Health Enzyme Probiotic Complex  \$14.99 90 v-caps	Country Life Maxi-Hair Time Release  \$15.99 90 tabs	Jarrow Formulas Curcumin 95  \$19.99 60 caps	Devita  LINE DRIVE SAVINGS All Items 20% off
Natural Factors Ultra Strength RxOmega-3 Factors  25% off 150 softgels	Inner-Eco Dairy-Free Probiotic Kefir  \$9.99 15 oz.	Green Foods Green Magma  \$19.99 5.3 oz.	Garden Of Life Vitamin Code Multivitamin  \$29.99 120 caps



Budget Boosters

Succulent Shrimp Skewers or Gourmet Stuffed Clams

Whole Legs, Drums, Thighs or Whole Chickens



WOW!
99¢



VALUE PACK!

Sprouts Gourmet Stuffed Chicken Breast

Hand-trimmed and packaged in our stores. All varieties on sale!

- Cordon Bleu
- Spinach/Feta
- Asparagus/Jack
- Broccoli/Cheddar



\$2.99 lb.

Marinated Chicken Breast.....\$2.99/lb.

Sprouts Bulk Pork Sausage or Ground Pork

Handmade with no MSG or nitrates added.



HOT OR SWEET

\$1.99 lb.



Wild species, weather permitting

Wild Alaskan Cod Fillets

Great for fish 'n' chips! Previously frozen.



\$7.99 lb.

Wild Alaskan Coho Salmon Fillets

Caught in icy northern waters! Stock up before the season ends!



\$8.99 lb.

Wild Opakapaka Snapper Fillets (previously frozen).....\$7.99/lb.

SPECIAL Chicken Breast Cutlet, Stir-fry or Scalloppini...\$3.99/lb. Sprouts Gourmet Thick-Sliced Bulk Bacon.....\$4.49/lb.

93% Lean Zacky Ground Turkey

A great addition to any healthy meal!



\$4.49 20 oz. pkg.

Sprouts Handmade Turkey Basil Loaf...\$3.99/lb.

USDA Choice Rump Roast or Stew

"Old Tyme" natural meat cut with old-fashioned skill and quality.



BONELESS

\$4.49 lb.

85% Extra-Lean Ground Beef

The best ground beef in town! Nothing added!



ALL-NATURAL!

VALUE PACK!

\$4.49 lb.

Gourmet Beef Burgers or Sliders...\$4.49/lb.



Not the cook-from-scratch type? Let Sprouts Country Kitchen do it for you.

Pork Chop Dinner

Available with mashed potatoes or stuffing.



\$4.99 10 oz.

8-inch Take & Bake Pizza

Made fresh in our kitchens.



20% off \$4.99 12 oz.

Koslo's Pierogies.....20% OFF/13-14 oz.

Chef Salad



Save 10% when you buy 6 bottles of wine.

Cupcake Wines



SAVE UP TO \$6
750 ml. **\$6.99** select varieties

Jalapeño Cheddar

BULK CUT



\$4.99 lb.

Santa Barbara Cheese Sticks.....2 for \$1/1lb.

Homestyle Turkey Breast

SLICED



\$6.99 lb.

Hot Pepper Jack Slices.....\$4.99/lb.

Kona Brewing Beer



SAVE UP TO \$6

\$11.99 12 pk., 12 oz. btl. select varieties

Pyramid Beer



Pepperwood Grove Wines



6 pk., 12 oz. btl. **\$6.99** select varieties

500 ml. **\$3.10** for select varieties

Spanish Cheese Tapas Plate

Try three great Spanish cheeses at once!



\$4.99 5.2 oz.

Usinger's Brats and Wieners (sel. var.)...25% OFF/10-16 oz.

Shredded Parmesan or Romano Cheese

Hand-packed.



\$6.99 lb.

Baguala Malbec



Tree of Life Pomegranate Wine



750 ml. **\$3.99**

750 ml. **\$8.99**

DOUBLE AD WEDNESDAYS!

Come on in Wednesday while this week's ad and last week's ad are effective for twice as many items on sale!

Effective October 3, 2012 - October 10, 2012

WED	THURS	FRI	SAT	SUN	MON	TUE	WED
3	4	5	6	7	8	9	10

For store hours visit us online at sprouts.com



if for any reason you are not delighted with your purchase at Sprouts, we'll be happy to exchange it or (with a proper receipt) refund your money. We want you to use this guarantee as a license to be adventurous, and try new products without risk.

- Avondale**
Dyart & McDowell
623-535-8989
- Chandler**
Dolson & Bay
480-732-1012
- S. Chandler**
Alma School & Queen Creek
480-814-2700
- Gilbert**
Val Vista & Williams Field
480-821-1511
- Glendale**
51st Ave. & Peoria
623-487-0330
- Glendale**
57th Ave. & Bell
602-896-0300
- Mesa**
Gilbert & Brown
480-668-0800
- Mesa**
Higley & Southern
480-218-6491
- Paradise Valley**
Cactus & Tatum Blvd.
602-971-4177
- Peoria**
83rd Ave. & Thunderbird
623-334-1111
- Phoenix**
19th Ave. & Northern
602-864-6130
- Phoenix**
28th St. & Indian School
602-553-3131
- Phoenix**
54th St. & Bell
602-218-4949
- Scottsdale**
92nd St. & Silver
480-351-9665
- Scottsdale**
Miller & Camelback
480-941-6001
- Surprise**
W. Peoria & Bell
623-544-3121
- Trope**
Southern & McClintock
480-820-4900
- Tucson**
Oracle & Magoo
520-297-5446
- Tucson**
Orange Grove & Thornydale
520-204-1787
- Tucson**
Broadway & Pantano
520-546-6112
- Tucson**
1st Ave. & Lumberport
520-407-5132
- Tucson**
Speedway & Swan
520-325-1320

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